

**Vol 2**  
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**Xpress**  
**e-bulletin**



### **A Year of Achievement**

2011 will be a year of major achievement for the School. In May we are anticipating the following promotions: Lynn to PSBN 3rd degree; Tony to KSN 2nd degree; Matt, Kayleigh and Ollie to JKN 1st degree and Maria to Junior JKN 1st degree. In November we expect Barry to promote to JKN 1st degree and Jemma to Junior JKN 1st degree. That's a whopping 8 black belt promotions!!

### **KSW Sudbury fostering a new school owner**

We are delighted to announce that PSBN Karen is supporting JKN Tony in applying for permission from the WKSA to open his own School immediately following his anticipated promotion. Hopefully his application will be successful and doors will open in September bringing Kuk Sool Won to a whole new area of East Anglia.

### **CLIC Sargent Fundraiser**

Subury students held a Demo and participated in a sponsored kick-a-thon in Cornhill Walk, Bury St Edmunds on the 22nd of January to raise much needed funds for this wonderful children's cancer charity. We put on a fine display that highlighted our kicking and breaking skills as well as our proficiency at forms, techniques and breakfalling. Well done to everyone who participated especially; Lisa, Jemma, Darryl, Maria and Lynn.